



# Eagle's Nest Newsletter

## January 14, 2024

### Resiliency

Building resiliency in our students is essential. At Central, we use the WhyTry Program to present messages and strategies to our students and parent community which give ideas on how to develop a person's resiliency.

### Handicapped Parking/Loading/Unloading Zone

We have been working with the town to solve some of our parking issues on 53rd ave. A Handicapped Parking zone will be in effect just west of our crosswalk. Please watch for the blue curb and signage. This zone will need to be kept clear for vehicles with a handicapped placard. In addition, the yellow curb indicates a loading/unloading zone which means that vehicles parked in this area must be actively loading or unloading students. Parking for longer periods of time is not permitted. Peace Officers will be monitoring the area.

### Skating and Snowshoeing

On nice days, teachers will often take students skating at the outdoor rink or to Rotary Park for Physical Education classes. Students may also be given the opportunity to snowshoe around the school fields. It is recommended that students have proper attire such as ski pants, winter coat, mitts and a hat. Helmets are required when skating.



Information regarding the 2023/24 Alberta Education Assurance (AEA) Survey for our Grade 4 students and parents will be coming out soon!

### Cellphones

We are seeing more and more cellphones out of backpacks throughout the day. Students are choosing to take pictures and film friends doing silly things and make after school plans other than what was directed by the parents. Although this seems harmless, there are Freedom of Information Protection and Safety Policies in place that we must abide by. Students will be given the opportunity to put the cellphone away if we see it however if it becomes a consistent concern, parents will be contacted to have the cellphones stay at home or turned into the office in the morning and picked up at dismissal time to prevent further issues.

It has also come to our attention that there are a number of students participating in a group chat on their cellphones. This chat appears to be targeting certain students. Please take some time to look through your child's phone and know what types of activities and communication they are having with others.

### Dressing for the Weather

We always encourage our students to dress for the weather - sun, mud and cold. We do keep our students in if the weather outside is colder than -25 however when they catch the bus, they will need to have all the gear. If they refuse to wear the clothing that keeps them warm, they will still be sent on the bus as many times parents are unable to come and get them. Please have a talk with your child or children to ensure they understand the expectations.



### Canniff Corner

#### Building Independence

By upper elementary school, students should be able to do some personal tasks by themselves. Tasks like brushing their hair, brushing their teeth, putting on their coats and winter gear, and tying their own shoes are some examples. Teach them and encourage them to complete these tasks of daily living on their own.



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### Important Dates and Reminders:

Monday	Tuesday	Wednesday	Thursday	Friday
15	16	17 Pizza Orders Due	18	19 Tue/Thur Kinder Attend Gum Day - Bring \$1 to chew gum at school Hot Lunch
22	23	24	25 Monthly Assembly @ 9:30 am Jersey Day	26 Mon/Wed Kinder attend Hot Lunch Grade 1 & 3 Field Trip to Eastlink Park